



MEDINA PRIMARY SCHOOL

Medina Road, Portsmouth, Hampshire, PO6 3NH
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Headteacher: Mrs A McGarvey
Deputy Headteacher: Mrs S Sinclair

Tuesday 29th September 2026

Dear Parent/Carer

Nut-Free School Policy

We are writing to inform you that we now have two children in our school who have a severe allergy to nuts. Exposure to even small traces of nuts can cause a life-threatening allergic reaction (anaphylaxis), which requires immediate medical attention.

In order to provide a safe learning environment for all our pupils, we kindly ask that **no nuts or nut-based products are brought into school**, either in packed lunches or as snacks. This includes:

- Peanut butter
- Nutella or other nut spreads
- Cereal bars containing nuts
- Mixed nuts or trail mixes
- Any other products that contain nuts as an ingredient

We understand that this may require checking ingredient labels more carefully, and we appreciate your support in keeping our school a safe space for everyone.

If your child has specific dietary needs or you have any concerns or questions about this policy, please email the address at the top of this letter.

Thank you for your understanding and cooperation.

Yours sincerely

Mrs A McGarvey
Headteacher