

# Portsmouth: The Digital City

“Supporting your child in a digital world”



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# Agenda



- ☐ Introduction
- ☐ The Computing Curriculum at Medina Primary School
- ☐ The internet... the greatest invention of our time?
- ☐ The internet and social media: concerns, risks and dangers
- ☐ Using the internet safely to become a 21st century digital citizen
- ☐ Safety features on devices and age ratings
- ☐ Further advice and support
- ☐ Q&A

# Introduction



*Over the past few years, we've seen the Digital World grow incredibly as more and more can be accessed at the touch of our fingertips through a wide range of devices and platforms. Lockdown added to this as we moved to a world of online learning, hybrid working and flexibility in our approaches to how we see and interact with the world. Based on this development, it comes of no surprise that using technology effectively is going to be fundamental to the futures of our children, but how can this be achieved safely? What steps can we take as parents, carers and educators to support our children, from knowing the different types of social media platforms, to providing them with safe devices and even developing those core 21st century skills so that they can thrive in this new digital world we've found ourselves living in?*

# The Computing Curriculum at Medina



What does your child enjoy doing online?

What technology/devices do they have access to?

What apps and subscriptions are they using?

What programmes are they watching?

# How much time do people spend on the internet and social media?

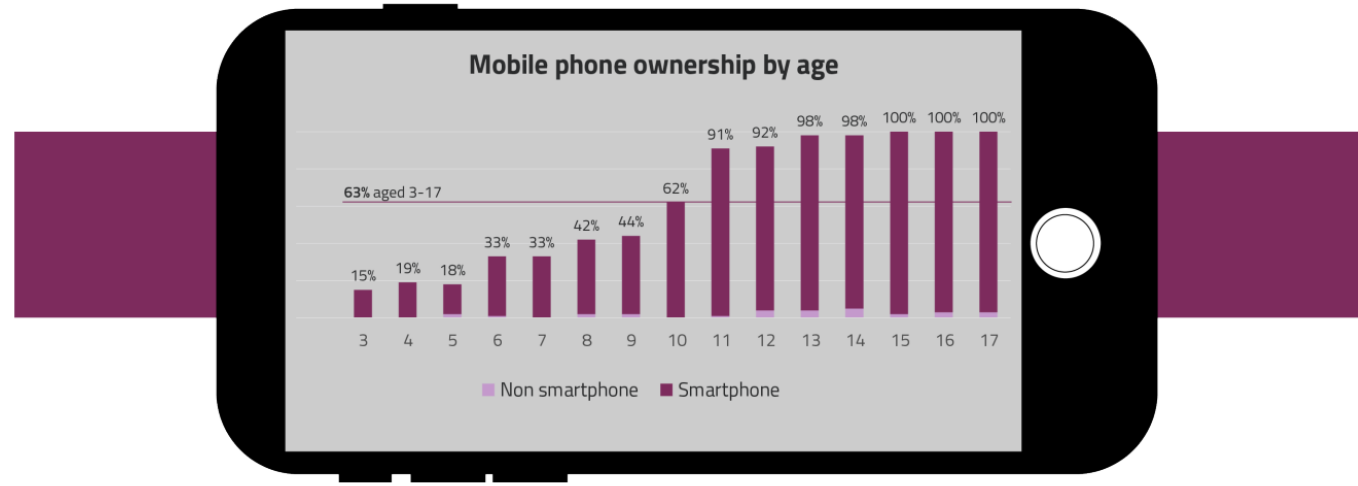


# How much time do people spend on the internet and social media?

[https://www.ofcom.org.uk/data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)



# How much time do people spend on the internet and social media?



Data from The Insights Family shows that a fifth of children spend more than two hours on their mobile phone on a school day, rising to three in ten at the weekend. CHILDWISE found that among 7-16s with a smartphone, more than six in ten (62%) had access to their phones at all times, and that the smartphone was the device that children were most likely to say they couldn't live without.<sup>21</sup>

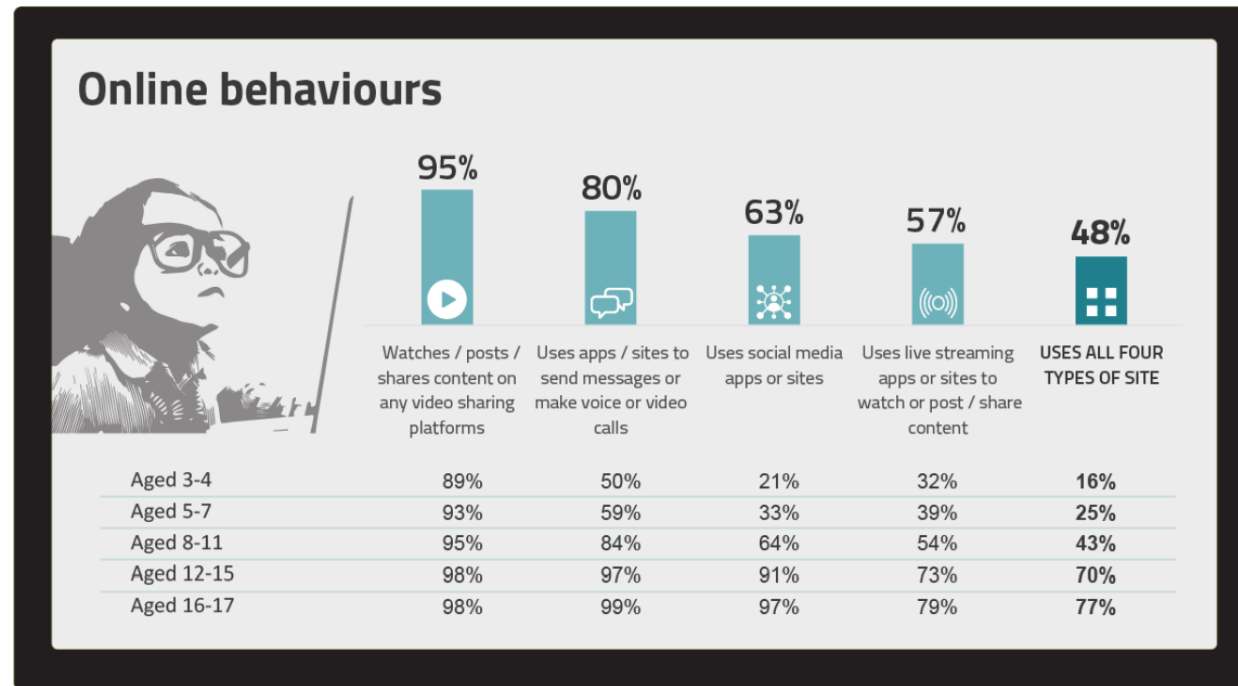
[https://www.ofcom.org.uk/\\_\\_data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/__data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)

# How much time do people spend on the internet and social media?



## Nearly all children use video-sharing platforms

Rather than being overwhelmed by the amount of choice on offer, almost half of children aged 3-17 said they went online for *all* the activities listed below (48%). Use of all four activities increased with age, from 16% of 3-4-year-olds to more than three-quarters of 16-17-year-olds (77%).

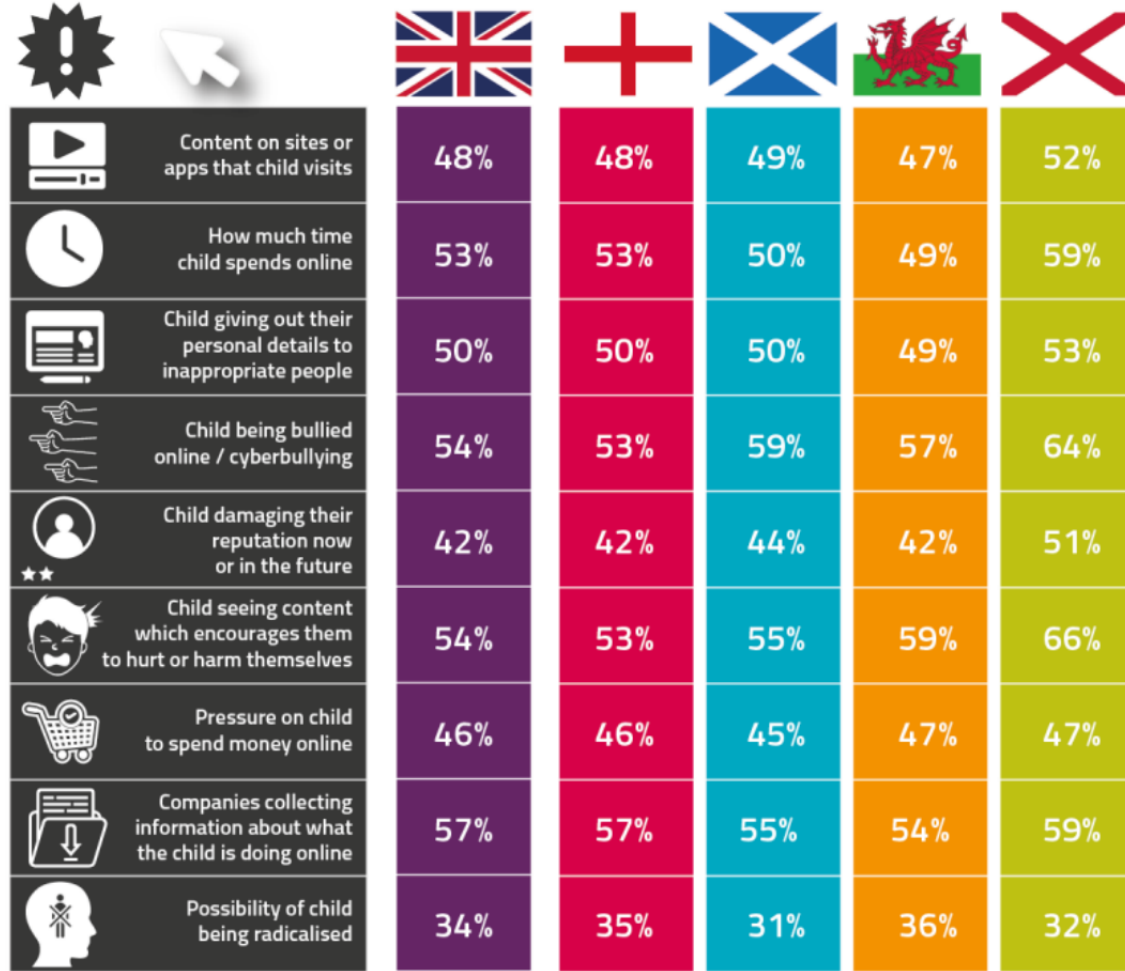


[https://www.ofcom.org.uk/data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)

What are your concerns as Parents  
and Carers?

# Internet and Social Media Concerns

Levels of concern among parents about their child's online activities



[https://www.ofcom.org.uk/data/assets/pdf\\_file/0025/217825/children-and-parents-media-use-and-attitudes-report-2020-21.pdf](https://www.ofcom.org.uk/data/assets/pdf_file/0025/217825/children-and-parents-media-use-and-attitudes-report-2020-21.pdf)

# Internet and Social Media Risks and Dangers



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# Internet and Social Media Risks: Cyber Bullying



# Internet and Social Media Risks: Online Contact and Grooming

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# Internet and Social Media Risks and Dangers: Radicalisation and Exposure to Misinformation



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<https://www.gov.uk/government/news/uk-to-introduce-world-first-online-safety-laws>

# Internet and Social Media Risks and Dangers: Gaming Addiction



<https://www.internetmatters.org/hub/question/gaming-addiction-can-prevent-children-developing/>



PORTSMOUTH  
EDUCATION  
PARTNERSHIP

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The Digital  
City Project

*Technology for children, technology for adults, technology for all*

# Internet and Social Media Risks and Dangers



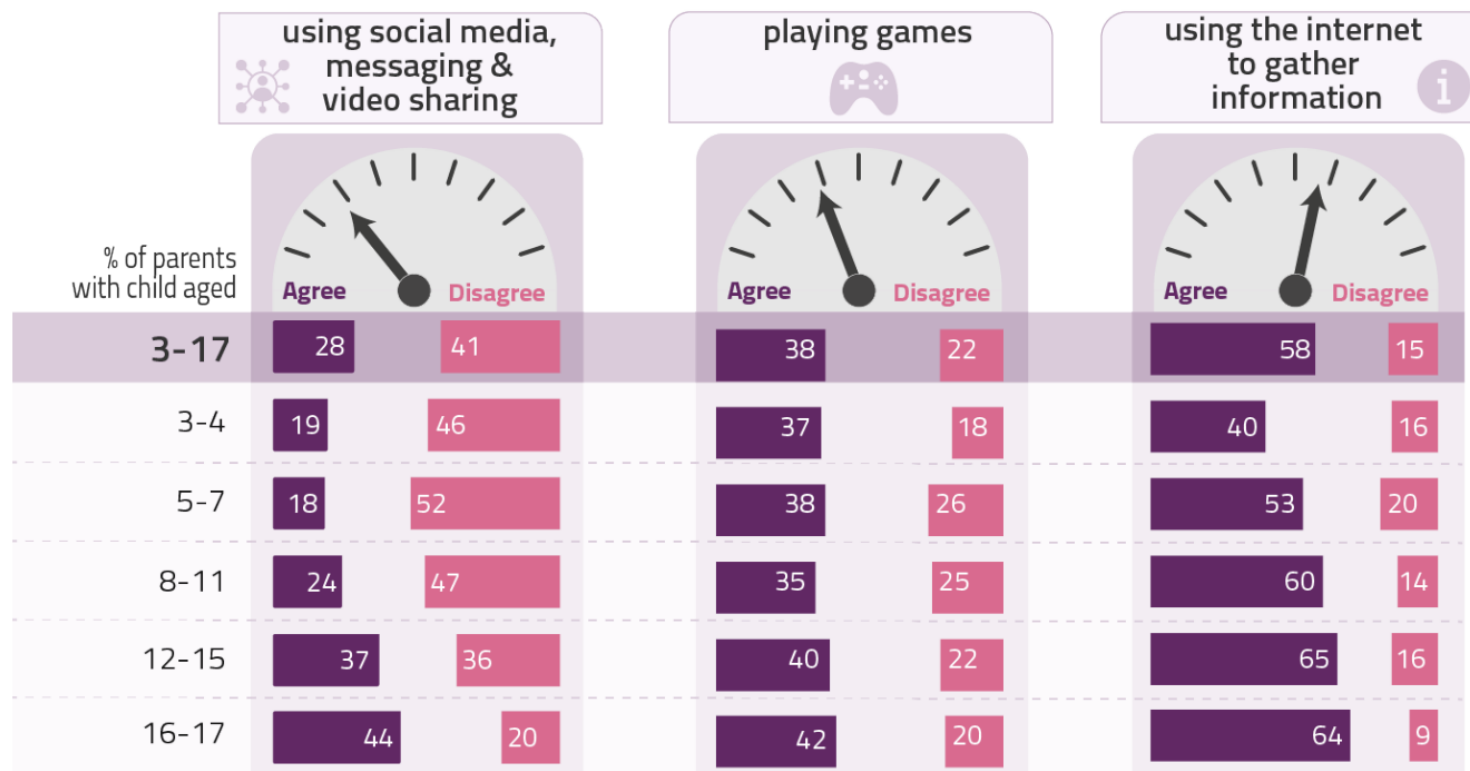
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# So is it all bad?



# So is it all bad?

Parents' agreement that the benefits outweigh the risks of child...



[https://www.ofcom.org.uk/data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)

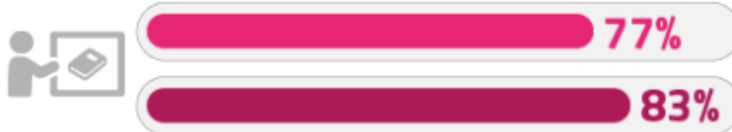
# So is it all bad?

## Children aged 12-17 vs. parents' views on the benefits of the internet

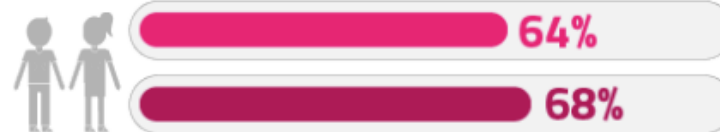
Being online helps **me** / **them**...



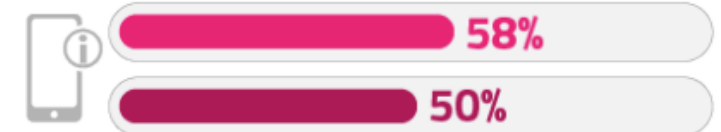
☒ with schoolwork / homework



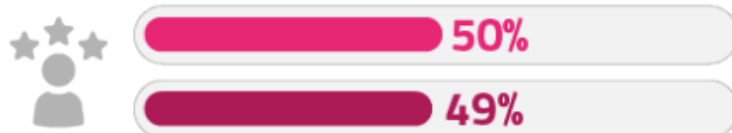
☒ to build or maintain friendships



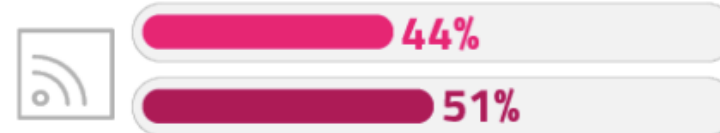
☒ to find useful info about personal issues



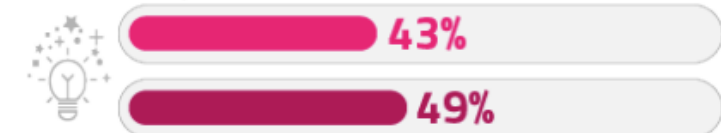
☒ to learn a new skill



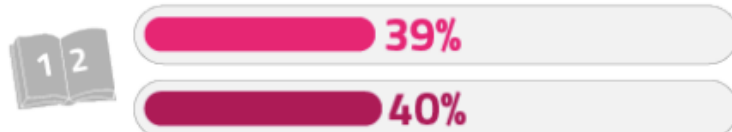
☒ to find out about the news



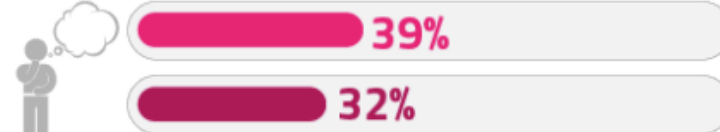
☒ to develop creative skills



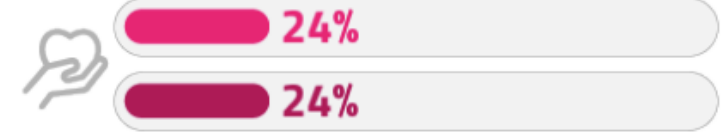
☒ to develop skills with reading and numbers



☒ to understand what other people think and feel



☒ to find out more about, or to support causes



[https://www.ofcom.org.uk/\\_\\_data/assets/pdf\\_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf](https://www.ofcom.org.uk/__data/assets/pdf_file/0024/234609/childrens-media-use-and-attitudes-report-2022.pdf)

# Using the Internet Safely: The 4Cs



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<https://saferinternet.org.uk/guide-and-resource/what-are-the-issues>

# Using the Internet Safely: The 4Cs



## CONTENT

<https://saferinternet.org.uk/guide-and-resource/what-are-the-issues>

# Using the Internet Safely: The 4Cs



# CONTACT

<https://saferinternet.org.uk/guide-and-resource/what-are-the-issues>

# Using the Internet Safely: The 4Cs



# CONDUCT

<https://saferinternet.org.uk/guide-and-resource/what-are-the-issues>

# Using the Internet Safely: The 4Cs



## COMMERCIALISM

<https://saferinternet.org.uk/guide-and-resource/what-are-the-issues>

# Using the Internet Safely: The 4Cs

There are real advantages in maintaining an open dialogue with your child about their internet use. Not sure where to begin? These conversation starter suggestions can help.

- 1 Ask your children to tell you about the websites and apps they like to use and what they enjoy doing online.
- 2 Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
- 3 Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
- 4 Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
- 5 Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?

# Using the Internet Safely: The 4Cs



**Content:** What could I see or hear – anything uncomfortable?

**Contact:** Who can contact me – could a stranger contact me?

**Conduct:** Can I be proud of my conduct – think of what I do online?

**Commercialism:** Should I click on that link? What details am I giving?

# Using the Internet Safely: Becoming a 21st Century Digital Citizen



What skills will  
our children  
need in the 21<sup>st</sup>  
century  
workplace?

How will  
technology  
support the  
development  
of these?

# Using the Internet Safely: Becoming a 21st Century Digital Citizen



***“TECHNOLOGY SHOULD  
BE LIKE OXYGEN:  
UBIQUITOUS, NECESSARY,  
AND INVISIBLE.”***

-Chris Lehmann <https://www.clevehill.org/Page/1584>

## 21st Century Skills

How today's students can stay competitive  
in a changing job market

### Learning Skills



critical thinking



creativity



collaboration



communication

### Literacy Skills



information



media



technology

### Life Skills



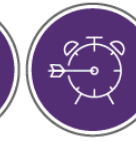
flexibility



leadership



initiative



productivity



social skills

Applied  
educational systems

# Safety Features on Devices

<https://www.internetmatters.org/parental-controls/>

<https://www.internetmatters.org/resources/e-safety-checklist-getting-your-kids-tech-devices-set-up-safe/>



**Set Up Safe** Helping parents keep their children safe online. [internetmatters.org](https://www.internetmatters.org)

We've designed a simple checklist to give you peace of mind regarding your child's safety on the internet.

Set your children's device up before you give it to them so you know they're safe online as soon as they start playing.

**Get started**

- Set parental controls on your broadband to prevent your children seeing things they shouldn't.
- For smart phones check parental controls are also set up on the mobile network.

**Set up the device safely**

- Use the device setting so you can only download age appropriate apps and games.
- Set up password control or disable in-app purchasing so big bills are not run up accidentally.
- Disable location services so your child doesn't unintentionally share their location with others.
- Download age appropriate apps you're happy for your child to use.

**Talk about staying safe**

- If your children are 8-10 years old, download our parent / child Internet Matters app to help you talk about e-safety issues in an interactive way.
- Be aware of key issues and how to discuss them with your children so they know how to stay safe online.
- If your child is using social networking apps check their profile and privacy settings, making sure they are not sharing personal or private information with people they do not know.

# Safety Features on Devices



## Setting up parental controls on:

Home broadband and WiFi



Games consoles



Mobiles, tablets and computers



Apps and online services



Search engines



WiFi and being away from home



<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

# Knowing Age Restrictions/Ratings

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/app-age-rating/>

<https://www.childnet.com/help-and-advice/apps-parents/how-do-i-know-if-an-app-is-age-appropriate-for-my-child/>

<https://www.internetmatters.org/resources/app-s-guide/>

<https://saferinternet.org.uk/blog/age-restrictions-on-social-media-services>



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# 13 year olds and upwards

# Tik Tok



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# Instagram



# Facebook



# Snapchat



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

# Twitter



# YouTube



# Pinterest



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# 16 year olds and upwards

# Whatsapp



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# Further Support and Advice



**Childline** provides free advice and information to those aged 18 years and below, including advice on 'online and mobile safety'.

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The "**Thinkuknow**" website is brought to you by The Child Exploitation and Online protection (CEOP) centre. It is a guide to online safety for young people. It offers e-safety advice and resources for children and parents.

<https://www.ceop.police.uk/safety-centre/>

<https://www.thinkuknow.co.uk/>



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# Further Support and Advice



Let's talk about ▾

## The internet, relationships & you

Advice from CEOP Education at the National Crime Agency

[https://www.thinkuknow.co.uk/11\\_18?utm\\_source=Thinkuknow&utm\\_campaign=98219efa1bEMAIL\\_CAMPAIGN\\_2022\\_03\\_17\\_10\\_22&utm\\_medium=email&utm\\_term=0\\_0b54505554-98219efa1b-64984642](https://www.thinkuknow.co.uk/11_18?utm_source=Thinkuknow&utm_campaign=98219efa1bEMAIL_CAMPAIGN_2022_03_17_10_22&utm_medium=email&utm_term=0_0b54505554-98219efa1b-64984642)

# Further Support and Advice



[Resources](#) [Blog](#) [Who we are](#) [What we do](#) [What you can do](#) [Donate](#)

 [Teachers & professionals](#) [Parents & carers](#) [Young people](#) [Q](#)

## Help & advice for parents and carers

Helpful information and guidance on a range of key online safety topics

[Get help](#)

<https://www.childnet.com/help-and-advice/parents-and-carers>

# Further Support and Advice



## Guides and resources

# Parents and Carers



Tips, advice, guides and resources to help keep your child safe online

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

# Further Support and Advice



<https://nationalonlinesafety.com/training/search?search=what+parents&sort=new&cat=>



Social Media

## What Parents and Carers Need to Know about TikTok



Published 23rd November 2022

This free online safety guide focuses on TikTok. It highlights a number of risks such as age-inappropriate content, dangerous challenges and contact with strangers.

VIEW THIS GUIDE

VIEW ALL TRAINING

# Further Support and Advice



- ✓ Making sure that your account/profile is **SECURE** and not open to everyone.
- ✓ Using **APPROPRIATE** language in posts or updates that might be seen by others (including your child and/or their friends).
- ✓ Ensuring that any photos posted fit the '**GRANNY RULE**' are done so with **CONSENT** from the person in the picture
- ✓ Taking a **POSITIVE SLANT** in your posts/updates. Question whether posting negative statements online is most effective way to deal with it

# Question and Next Steps



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“When it is appropriate to give a child a mobile phone for personal use? My 7yr old says they have many friends who already have their own mobile.”