

Useful Resources



www.braain.co.uk

Attention Deficit Hyperactivity Disorder. Autism Spectrum. Disorder. Other Special. Educational Needs. BRAAIN will give you the information you need.



www.autism.org.uk

UK's leading charity for autistic people and their families. Since 1962, we have been providing support, guidance and advice.



www.hampshiresendiass.co.uk

Hampshire SENDIASS is an impartial Special Educational Needs and Disability Information, Advice and Support Service



www.contact.org.uk

Contact, the charity for families with disabled children. We support families, bring families together and help families take action for others.



www.solent-family-assist.custhelp.com

Family Assist is an innovative new way of ensuring that parents and their friends and families have access to a wide range of information and resources, both local and national, at their fingertips

CAMHS



Hampshire Child and Adolescent Mental Health Service

www.hampshirecamhs.nhs.uk

Hampshire CAMHS is an NHS specialist service for young people aged 5-18 years and their families who are experiencing difficulties with their mental and emotional health.



www.what0-18.nhs.uk

Healthier Together - a community initiative. The Healthier Together programme relies upon patients and healthcare professionals working together to improve how local healthcare.

Useful Resources



www.barnardos.org.uk

The largest national children's charity in the UK.



www.eric.org.uk

ERIC is the national charity dedicated to improving children's bowel and bladder health.



www.web.ntw.nhs.uk/poo



www.thesleepcharity.org.uk

A national, award-winning charity empowering the nation to sleep better.



<https://www.portsmouth.gov.uk/services/schools-learning-and-childcare/schools/special-educational-needs-and-disabilities/>

Neurodiversity0-19Enquiries@portsmouthcc.gov.uk

ND profiling and support



<https://www.portsmouthparentvoice.org/>

Portsmouth Parent Voice is run by parents for parents with a child with an additional or special need and or a disability.

Moriah Family Support Group

<https://portsmouthlocaloffer.org/services/moriah-family-support-group/>

moriahforyou@gmail.com Moriah Family Support Group confidentially supports all families of children and young ones (0-25) with any special educational needs, particularly those with English as an additional language.

Useful Resources



Portsmouth SEND Local Offer

<https://portsmouthlocaloffer.org/>

Resources and services in Portsmouth including education and EHCPs.



<https://www.futureminds.co.uk/>

Futureminds Children & Families One of our specialist areas and interests is child and adolescent mental health.



<https://www.kooth.com/>

Online mental health wellbeing community



Hampshire County
Council

<https://www.hants.gov.uk/educationandlearning/educationalpsychology>

Educational Psychology offers consultation advice & training on how schools and carers might help children to learn effectively & to make the most of their education.



<https://www.solent.nhs.uk/our-services/services-listings/childrens-therapy-service>

Children's Therapy Service team works closely together to support children and young people who need specialist help from one or more of our therapy services.



<https://www.standupportsmouth.co.uk/>

Support group for families with children who have SEND (special educational needs & disabilities)

